



"The People Company"

Serving Persons with Special Needs Since 1998

In this Issue:

Skills: Moving Forward
pg 1

Dean's Blog
pg 2

Congratulations to the Executive Team
pg 2

Program Updates
pg 3

From the Program Director's Desk ~

April showers bring May flowers... well spring has sprung in Arizona. Flowers and trees are in full bloom and beautiful (allergies are running amuck). The warmer weather always seems to transition me to a freer spirit and brings me new hope.

More action, less worry, and a bunch of planning. And I have been planning (as I am known to do from time to time).

- The summer program plans are in full swing and ideas for equipment and expansion of all programs have been keeping me busy. Summer program begins on June 4th and will conclude on August 17th.
- The adult program will move to the Youngtown program area on August 20th.

[Continued on Page 3](#)

The Connector

Choice ~ Respect ~ Participation ~ Presence

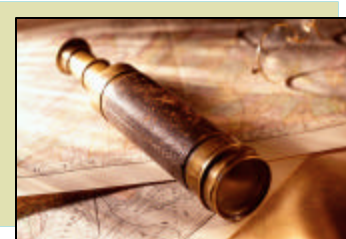
Volume I, Issue XXIII-AZ April 2007

AmeriServe International, Inc.

Skills: Moving Forward

People enjoy feeling as though they are going someplace and that feeling usually begins with a dream. In fact, we all have dreams and goals that we feel will improve the quality of our lives. This self-direction is important to us because it allows us to feel as though we are in control of our lives by making our own choices. So how does it become more than just a feeling? How do we move forward so our dreams and goals become our life?

Moving forward means we are working toward a pre-determined **goal** to achieve a desired result. This will allow us to track the progress we make towards the goal



and measure the outcome against the desired result to determine our level of success.

Once the goal has been determined a plan can be formulated with specific action steps to achieve the goal. The plan will be developed around the skills a person already has so they can complete each action step and move closer to the goal. This means the skills we already have become the foot work for moving forward and achieving the goal.

When people come to AmeriServe they already have dreams and goals they want to achieve to move their lives forward. They have a feeling of what they would like their life to be like. They have skills and they have a plan for those skills. So what does AmeriServe do? AmeriServe assists people in executing their plan, tracking the progress, and achieving the desired results. Every person has the skills they need today to move forward for tomorrow and by executing the plan they can have more than just a feeling that they're going someplace, they can live their dream.

What We Do

Home and Community Based Services (HCBS)

Habilitation, Respite, Attendant Care, In-home Supports

Day Treatment
Adult and Child Day Treatment, After School and Summer Programs

Residential Support
Supported Community Living, Specialized Living Arrangements



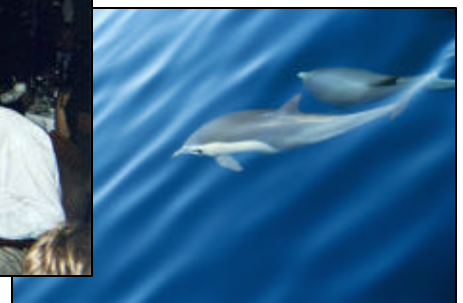
Dean's Blog

Hello from Wickenburg Arizona, it's time for another edition of Dean's Blog. Randy Coxwell recently returned from a five day four night cruise to Mexico, and wanted to share his wonderful experience in our newsletter. I previously had asked Randy if he had ever been on a cruise before and or if this was going to be his first trip at sea. He surprised me by saying that he had been on a cruise some time ago and was anxious to get going! He further explained that cruise ships were fun, but that he was really excited about seeing old friends with whom he travels with from time to time on other outings every year. He had everything he needed for his trip, clothes, travel bag, two disposable

cameras, and the sun to his back. A week later, Randy returned home to Wickenburg a few shades darker and full of vigor. He told all of us how much fun he had, the people were great, the boat was big. Then he said that he got sea sick the first night, but other than that he had fun! Well, we are glad to know that Randy had a great time on his cruise; and glad he returned safely to his home in Arizona. Here are a couple of pictures of Randy; one is in the ships dining area where Randy is enjoying dinner with two

friends (Randy is on the right of the table). The other picture is just before boarding the ship (Randy is wearing the pink shirt).

Dean Anast
Service Coordinator
Wickenburg, Arizona



Congratulations to the Executive Team!



Congratulations to the Executive Team! They have completed the Effective Supervisory Management class. Here they are with their certificates: Joshua Warne, Michelle Shriver, Linda Nielsen, Dean Anast

Program Updates

SUMMER Program Information

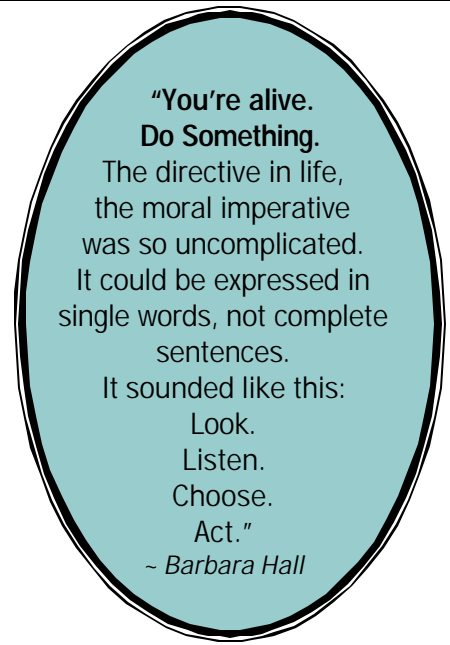
The time is coming and plans are under way for our summer program. Program begins June 4th and concludes August 17th. There will be two sessions per day 8am-12pm for children under 10 and 12pm-4pm for children 10-21. If you are interested in registering please call 623-584-3408.

Adult Program...Sun City West

Apologies to Sun City West adult

day program...due to trouble with my computer last month the awesome pictures of everyone from the trip to the zoo for Jimmy's birthday were not included in the newsletter. So...here is one I really loved!

It's official...The adult day program will transition to the Youngtown location on August 20, 2007.



Support Options

1. In-home Support—training to increase self-help, socialization, and adaptive skills within the home and community.
2. Day Treatment— specialized sensory-motor, cognitive, communicative, social, interaction and behavioral support.
3. Residential— designed to maximize consumer successes through the use of rehabilitative therapies, special developmental skills, participative enhancement, and sensory-motor development in the group home or specialized living setting.

Call for more information today!

**AmeriServe
International, Inc.
623-584-3408**

From the Director's Desk (con't)

- The employee board in Youngtown is up. Check it out if you get some time, or pose for a picture to have it on the board. Where's my camera?
- There is a family education opportunity this month on April 17th at 6pm. If you are interested please come. There will be snacks and beverages provided. We hope it is an enriching experience.
- We look forward to sharing spring with everyone. Remember you can stop in at any time to have coffee,

chat and see what is happening this spring at AmeriServe International.

Happy April!
Michelle Shriver

**"To accomplish great things,
we must dream as well as
act."**

~ Anatole France



AmeriServe International, Inc.

12600 N. 113th Avenue, Suite B-15
Youngtown, AZ. 85363

Phone: 623-584-3408

Fax: 623-584-4369

E-mail: ameriserve@ix.netcom.com

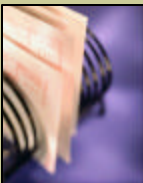
Website: www.ameriserveintl.com

How to Contact Us



By Phone

(623) 584-3408
8am -5pm
Mon-Fri



By Mail

AmeriServe
International, Inc.
12600 N. 113th Avenue,
Suite B-15
Youngtown, AZ 85363



By FAX

(623) 584-4369
24 hours



By EMAIL

[ameriserve@
ix.netcom.com](mailto:ameriserve@ix.netcom.com)



Making a Difference

AmeriServe International, Inc. carefully selects all personnel to ensure that they possess beliefs, experiences, skills, and knowledge that will assist persons with special needs in exercising a quality of life of their choice. If you or someone you know is interested in doing the right things, in the right way, for the right reasons, at the right times, we are looking for the right people.

Please call **623-584-3408** to find out how you can make a difference.



AMERICAN INSTITUTE
of
MANAGEMENT
INCORPORATED

Training provided by the
American Institute of Management Inc.