



"The People Company"

Serving Persons with Special Needs Since 1998

In this Issue:

Challenge - Prepare and Use Your Skills

pg 1, 2

Dean's Blog

pg 2

Pictures from Wickenburg

Open House

pg 3

Craft Corner

pg 3

We would like to hear from you!

AmeriServe International Survey at www.ameriserveintl.com

From the Program Director's Desk ~

You may be disappointed if you fail, but you are doomed if you don't try.

Beverly Sills

I presented at a local Kiwanis Club today and the topic was AmeriServe and Developmental Disabilities. There were about 30 people in attendance and I got up and started presenting, a little shaky. As I was talking, I calmed down and I realized that people were really interested in

Continued on Page 2

The Connector

Choice ~ Respect ~ Participation ~ Presence

May 2008

AmeriServe International, Inc.

Challenge - Prepare and Use Your Skills

Often, our biggest rewards come from making the effort to do the little things. Making a grocery list before going shopping at the store often saves us money, planning the day's activities the night before alleviates stress and worry about the next day, and telling the people around us "thank you" and showing appreciation causes them to help us out more often when we need it. These are just a few examples of little things we can do to reap natural rewards from a little extra effort.



Many of you have spent the

extra time to learn by reading the AmeriServe newsletter, and I have gotten a lot of feedback from you about the things you have learned and how that has made



a difference in your daily lives. The little things that people pick up and are able to use in their daily lives by reading informational articles can become extremely rewarding when you can find new ideas to simplify situations that are causing frustration at home or in the community. I want to encourage you to

continue doing this. Find one article a week that you can read to learn something new that will help you in your daily activities. Search the web, pull out a book you have, or go to www.ameriserveinternational.com to read articles you missed. I believe you will find this to be very rewarding and not very time consuming.



Continued on Page 2

What We Do

Home and Community Based Services (HCBS)

Habilitation, Respite, Attendant Care, In-home Supports

Day Treatment

Adult and Child Day Treatment, After School and Summer Programs

Residential Support

Supported Community Living, Specialized Living Arrangements

Family Resource Coordination

Children with Traumatic Brain Injury, Spinal Cord Injury, and other Special Health Care Needs



Dean's Blog

April Open House Follow-up

Open House produced a number of people interested in our company and how we help those with disabilities. We were pleased to have the continued opportunity to open up our doors and provide the public with resource information and details of services that AmeriServe provides. This open house was our second since

the company branched to Wickenburg. And, of course, you can expect continued future public functions like this open house to materialize again and again. We constantly strive to connect with people and the public so that they are aware of the resources that are available to them.

Our open house began with plenty of food and refreshments to choose from. Many attendees enjoyed playing the table games, which included air hockey and billiards. Some children were involved in board games such as Battleship and

Chutes and Ladders. We delivered literature and brochures detailing our services and the AmeriServe way. There was plenty of socialization and interaction between people, which made a positive ambiance for individuals to embrace one another. We had a great time and we hope to see all of you again at our next open house. Thank you to all who attended and special thanks to the AmeriServe staff for your time and efforts! Way to go!

Dean Anast
Lead Client Service Coordinator
Wickenburg, Arizona

From the Program Director's Desk cont'd

the topic being presented and what I thought would take me 10 minutes to present (because I talk a little fast) took about 45 minutes!

I thought a lot about this presentation today and was a tad nervous about it...even considered calling to change the date...put off the inevitable.

BUT then in discussion with my husband I said, "What kind of example does it set if I am asking people to try to do things that may seem strange or difficult when I can't do the same?" He nodded his

head in silent wisdom, as he often does when I am trying to talk something out, and I had my answer. I needed to swallow my fear and get my tushy to that meeting and give the best presentation that I could.

So, I did, and strangely, I had fun...people asked a bunch of questions, and talked about history and changes in the system over the years and good discussion was had.

So, my point this month...

sometimes it is hard to put yourself out there, sometimes it is tough for the people we work with to try something new, but life is about experiences and learning and moving forward in life...are we doing our best each day to model this for the individuals we serve? The families we meet with? Our community?

Happy May. Stay cool. Remember your hot weather safety: stay hydrated, use sunscreen, do activities outside in the early morning or evening...be safe.

Michelle Shriver

Challenge - Prepare and Use Your Skills cont'd

I would also like to take this opportunity to invite you to complete a survey at the AmeriServe website (www.ameriserveintl.com). It is available for anyone who reads our newsletter or visits our website to complete. Any one who does this

will be entered into a drawing to receive a gift card, a reward, from AmeriServe for their participation and effort. The survey will be available until June 1, 2008 and I will talk about the results and answers

We would like to hear from you!
AmeriServe International Survey at
www.ameriserveintl.com

in my next article. Thank you for your participation, I can't wait to hear from you.

Josh Warne

Pictures from Wickenburg Open House



Jennifer and Sarah "cheese"

Matthew and Raymont
"Air Hockey"



Raymont playing pool

We would like to hear from you!
AmeriServe International Survey at
www.ameriserveintl.com



Josh and Linda playing pool



Jim playing pool



Willy and Raymont "Hanging out"



Craft Corner



Coffee Filter

Butterflies

CRAFT MATERIALS:

- ½ black chenille stem
- Paper coffee filter
- Water color paints
- Paint brush
- Water

1. Flatten the coffee filter and place it on a plate or newspaper.
2. Using the water color paints, decorate the coffee filter. Let it dry.
3. Fold the coffee filter accordion style – get help from an adult if you need it.
4. Wrap the chenille stem around the center of the folded coffee filter.
5. Bend the tips of the chenille stems over to create the antennae.
6. Fan out the butterfly wings.
7. Hang in the window and watch your butterfly fly!



AmeriServe International, Inc.

12600 N. 113th Avenue, Suite B-15
Youngtown, AZ. 85363

Phone: 623-584-3408

Fax: 623-584-4369

E-mail: ameriserve@ix.netcom.com

Website: www.ameriserveintl.com

How to Contact Us



By Phone

(623) 584-3408
8am -5pm
Mon-Fri



By Mail

AmeriServe
International, Inc.
12600 N. 113th Avenue,
Suite B-15
Youngtown, AZ 85363



By FAX

(623) 584-4369
24 hours



By EMAIL

[ameriserve@
ix.netcom.com](mailto:ameriserve@ix.netcom.com)

Support Options

1. **In-home Support**—training to increase self-help, socialization, and adaptive skills within the home and community.
2. **Day Treatment**— specialized sensory-motor, cognitive, communicative, social, interaction and behavioral support.
3. **Residential**— designed to maximize consumer successes through the use of habilitative therapies, special developmental skills, participative enhancement, and sensory-motor development in the group home or specialized living setting.
4. **Family Resource Coordination**— for Children with Traumatic Brain Injury, Spinal Cord Injury, and other Special Health Care Needs.

Call for more information today!

AmeriServe International, Inc. 623-584-3408



AMERICAN INSTITUTE
of
MANAGEMENT
INCORPORATED

Training provided by the
American Institute of Management Inc.